## Adon Olam (translation © 2006 by Abbe Lyons )

Source of all the universe, before all form and creation

ּאָדוֹן עוֹלָם אֲשֶׁר מְלַדְּ, בְּטֶרֶם כָּל יְצִיר נִבְרָא.

You brought all into space and time

לְעַת נַעֲשָׂה בְחֶפָצוֹ כֹּל, אֲזֵי מֵלֶךְ שָׁמוֹ נִקְרָא.

Then we were here to call your Name

After all has ceased to be You'll be alone in majesty

וְאַחֲרֵי כִּכְלוֹת הַכֹּל, לְבַדּוֹ יִמְלוֹדְ נוֹרָא.

You who were and You who are and You who will be in beauty

y וָהוּא הָיָה, וִהוּא הוֵה, וִהוּא יִהְיֵה, בִּתִפָּאָרָה

G-d is One, without division

וָהוּא אֵחָד וָאֵין שֵׁנִי, לְהַמְשִׁיל לוֹ לְהַחִבְּירָה.

Wholeness surpassing the sum of all (Her) parts

בָּלִי רֵאשִׁית בָּלִי תַכְלִית, ולוֹ הַעוֹז וְהַמְשַׂרֵה.

With no beginning and no end Beyond the kind of strength we understand

My G-d! You live, You set me free My rock to lean on in distress

ָוְהוּא אֵלִי וְחֵי גֹּאֲלִי, וְצוּר חֶבְלִי בְּעֵת צְרָה.

You cheer me up, You keep me safe

וְהוּא נָסִי וּמַנוֹס לִי מִנַת כּוֹסִי בִּיוֹם אֶקְרַא.

You fill my cup when I cry out to You

Within Your hand my soul can rest when I go to sleep and when I awake בְּיָדוֹ אַפְקִיד רוּחִי, בְּעֵת אִישַׁן וְאָעִירָה.
And with my soul and body here My G-d is with me and I will not fear